

Chart 3

Domain	Games/Activities/Experiences*
Cognitive	<p>Keep your eye on the ball (6 months)</p> <p>Roll a ball across the floor, encouraging little ones to keep their eye on the ball.</p> <p>In the bag (12 months)</p> <p>Show one child two familiar items such as a rattle and a block. Place both items in a bag one at a time in front of the toddler. Ask the child to reach into the bag and find the one of the two objects, for example, the rattle.</p> <p>Real object match (toddlers)</p> <p>Trace the outline of objects, such as rattles, puzzle pieces and eating utensils onto a sheet of posterboard. Give toddlers the poster board and the real objects to match.</p>
Motor	<p>Pat-a-cake feet (3 months)</p> <p>Play pat-a-cake with baby's feet instead of hands.</p> <p>Tactile crawl (6 months)</p> <p>Place a few sheets of different textures of fabric in a pathway on the floor.</p> <p>Invite crawlers to crawl over the fabrics. Narrate their crawling experience.</p> <p>Walk the line (toddlers)</p> <p>Place a strip of masking tape on the floor. Help toddlers to walk the line of tape.</p>
Language	<p>Mirror talk (3 months)</p> <p>Place baby in your lap and face a mirror. Talk to the baby in the mirror.</p> <p>Talk walks (6 months)</p> <p>Walk baby around the room or outdoors. Talk about the things you see.</p> <p>I spy (toddlers)</p> <p>Give a description of something close by and see if the toddler can identify the thing you are describing.</p>
Social-Emotional	<p>Tummy to tummy (3 months)</p> <p>Lie down on your back and place baby on your tummy. Talk to baby.</p> <p>*Round the house (12 months)</p> <p>Hold baby's hand palm up. Trace a circle on the palm as you say,</p> <p>“Round the house, round the house, goes the little mouseie.” Walk index finger and middle finger up the baby's arm as you say, “Up the stairs, up the stairs, goes the little mouseie.”</p> <p>Tickle baby gently under the arm as you say, “In the little houseie.”</p> <p>Piggyback rides (toddlers)</p> <p>Take toddler on a piggyback ride.</p>

*Activities taken from *The Complete Resource Book for Infants and The Complete Resource Book for Toddlers and Twos*, both published by Gryphon House.