

Competency Goal 2.

To advance physical and intellectual competence.

Functional Area 1: Physical

To help children grow in one domain they they must equally grow in all other domains. Physical growth will help promote growth in all other areas as well. I observe the child to find the areas the child is able to do physically. Then by empowering them by having them do something they already can do, no matter how small, even if its turning the head from side to side or opening and closing fists. I will start from what they can do and work from there. I will incorporate physical activities in all other activities. Singing and movement. Story time and hand gestures. In planned and unplanned activities we will work on gross and fine motor development.

Functional Area 2: Cognitive

To help children excel in cognitive development you must first know there are different types of cognitive learning. There is physical, learning from their senses. Which is how infants 0-12 months best learn. There is mental, learning from what they know, memorize, recognize. Then there is emotional, like developing sense of self, self image and personal needs or wants. I will help children build their cognitive learning skills in all of these areas. By helping them learn cause and effect, emotional responses, peek-a-boo, different ways to manipulate things and how to sort, inspect, gather and categorize all the everyday things around them.

Functional Area 3: Communication

I will help children build their communication skills by setting a good example. I will demonstrate how to talk when I communicate with each child, parent, teachers ect. I will remain calm and talk clearly. I will ask open ended questions to help children think about what they are wanting to say. I will talk about different types of feelings and let them know that whatever they are feeling it is ok and teach them how to deal with their emotions. Most importantly I will respect each child as an individual person with their own personal needs and wants. How children are taught to communicate now is a building block for how they will communicate as an adult. So placing much importance on this skill is highly expected.

Functional Area 4: Creativity

Creativity is a very important skill to me. I will not diminish creativity in any way instead I will encourage it! I will refrain from telling a child how an object is used, unless the child become too overwhelmed if they are not getting the result they want. I will ask opened questions that does not have a predetermined answer, instead allows the child to think for themselves. I will help build their imagination by asking them what other uses objects have other than their intended use. A spoon used as a drum stick, a shelf becomes a washing machine.